"Night-Sea Journey"

By John Barth

"One way or another, no matter which theory of our journey is correct, it's myself I address; to whom I rehearse as to a stranger our history and condition, and will disclose my secret hope though I sink for it.

"Is the journey my invention? Do the night, the sea, exist at all, I ask myself, apart from my experience of them? Do I myself exist, or is this a dream? Sometimes I wonder. And if I am, who am I? The Heritage I supposedly transport? But how can I be both vessel and contents? Such are the questions that beset my intervals of rest.

"My trouble is, I lack conviction. Many accounts of our situation seem plausible to me—where and what we are, why we swim and whither. But implausible ones as well, perhaps especially those, I must admit as possibly correct. Even likely. If at times, in certain humors—striking in unison, say, with my neighbors and chanting with them 'Onward! Upward!'—I have supposed that we have ever after all a common Maker, Whose nature and motives we may not know, but Who engendered us in some mysterious wise and launched us forth toward some end known but to Him— if (for a moods length only) I have been able to entertain such notions, very popular in certain quarters, it is because our night-sea journey partakes of their absurdity. One might even say: I can believe them because they are absurd.

"Has that been said before?

"Another paradox: it appears to be these recesses from swimming that sustain me in the swim. Two measures onward and upward, flailing with the rest, then I float exhausted and dispirited, brood upon the night, the sea, the journey, while the flood bears me a measure back and down: slow progress, but I live, I live, and make my way, aye, past many a drowned comrade in the end, stronger, worthier than I, victims of their unremitting joie de nager. I have seen the best swimmers of my generation go under. Numberless the number of the dead! Thousands drown as I think this thought, millions as I rest before returning to the swim. And scores, hundreds of millions have expired since we surged forth, brave in our innocence, upon our dreadful way. 'Love! Love!' we sang then, a quarter-billion strong, and churned the warm sea white with joy of swimming! Now all are gone down—the buoyant, the sodden, leaders and followers, all gone under, while wretched I swim on. Yet these same reflective intervals that keep me afloat have led me into wonder, doubt, despair—strange emotions for a swimming!—have led me, even, to suspect... that our night-sea journey is without meaning.

"Indeed, if I have yet to join the hosts of the suicides, it is because (fatigue apart) I find it no meaningfuller to drown myself than to go on swimming.
"I know that there are those who seem actually to enjoy the night-sea; who claim to love swimming for its own sake, or sincerely believe that 'reaching the Shore,' 'transmitting the Heritage' (Whose Heritage, I'd like to know? And to whom?) is worth the staggering cost. I do not. Swimming itself I find at best not actively unpleasant, more often tiresome, not infrequently a torment. Arguments from function and design don't impress me: granted that we can and do swim, that in a manner of speaking our long tails and streamlined heads are 'meant for' swimming; it by no means follows- for me, at least- that we should swim, or otherwise endeavor to 'fulfill our destiny.' Which is to say, Someone Else's destiny, since ours, so far as I can see, is merely to perish, one way or another, soon or late. The heartless zeal of our (departed) leaders, like the blind ambition and good cheer of my own youth, appalls me now; for the death of my comrades I am inconsolable. If the night-sea journey has justification, it is not for us swimmers to discover it.

"Oh, to be sure, 'Love!' one heard on every side: 'Love it is that drives and sustains us!' I translate: we don't know what drives and sustains us, only that we are most miserably driven and, imperfectly, sustained. Love is how we call our ignorance of what whips us. 'To reach the Shore,' then: but what if the Shore exists in the fancies of us swimmers merely, who dream it to account for the dreadful fact that we swim, have always and only swum, and continue swimming without respite (myself excepted) until we die? Supposing even that there were a Shore- that, as a cynical companion of mine once imagined, we rise from the drowned to discover all those vulgar superstitions and exalted metaphors to be literal truth: the giant Maker of us all, the Shores of Light beyond our night-sea journey! -whatever would a swimmer do there? The fact is, when we imagine the Shore, what comes to mind is just the opposite of our condition: no more night, no more sea, no more journeying. In short, the blissful estate of the drowned.

" 'Ours not to stop and think; ours but to swim and sink....' Because a moment's thought reveals the pointlessness of swimming. 'No matter,' I've heard some say, even as they gulped their last: 'The night-sea journey may be absurd, but here we swim, will-we nill-we, against the flood, onward and upward, toward a Shore that may not exist and couldn't be reached if it did.' The thoughtful swimmer's choices, then, they say, are two: give over thrashing and go under for good, or embrace the absurdity; affirm in and for itself the night-sea journey; swim on with neither motive nor destination, for the sake of swimming, and compassionate moreover with your fellow swimmer, we being all at sea and equally in the dark. I find neither course acceptable. If not even the hypothetical Shore can justify a sea-full of drowned comrades, to speak of the swim-in-itself as somehow doing so strikes me as obscene. I continue to swim- but only because blind habit, blind instinct, blind fear of drowning are still more strong than the horror of our journey. And if on occasion I have assisted a fellow-thrasher, joined in the cheers and songs, even passed along to others strokes of genius from the drowned great, it's that I shrink by temperament from making myself conspicuous. To paddle off in one's own direction, assert one's independent right-of-way, overrun one's fellows without compunction, or dedicate oneself entirely to pleasures and diversions without regard for conscience- I can't finally condemn those
who journey in this wise; in half my moods I envy them and despise the weak vitality that keeps me from following their example. But in reasonabler moments I remind myself that it's their very freedom and self-responsibility I reject, as more dramatically absurd, in our sensless circumstances, than tailing along in conventional fashion. Suicides, rebels, affirmers of the paradox- nay-sayers and yea-sayers alike to our fatal journey- I finally shake my head at them. And splash sighing past their corpses, one by one, as past a hundred sorts of others: friends, enemies, brothers; fools, sages, brutes- and nobodies, million upon million. I envy them all.

"A poor irony: that I, who find abhorrent and tautological the doctrine of survival of the fittest (fitness meaning, in my experience, nothing more than survival-ability, a talent whose only demonstration is the fact of survival, but whose chief ingredients seem to be strength, guile, callousness), may be the sole remaining swimmer! But the doctrine is false as well as repellent: Chance drowns the worthy with the unworthy, bears up the unfit with the fit by whatever definition, and makes the night-sea journey essentially haphazard as well as murderous and unjustified.

"'You only swim once.' Why bother, then?

"'Except ye drown, ye shall not reach the Shore of Light.' Poppycock.

"One of my late companions- that same cynic with the curious fancy, among the first to drown-entertained us with odd conjectures while we waited to begin our journey. A favorite theory of his was that the Father does exist, and did indeed make us and the sea we swim- but not a-purpose or even consciously; He made us, as it were, despite Himself, as we make waves with every tail-thrash, and may be unaware of our existence. Another was that He knows we're here but doesn't care what happens to us, inasmuch as He creates (voluntarily or not) other seas and swimmers at more or less regular intervals. In bitterer moments, such as just before he drowned, my friend even supposed that our Maker wished us unmade; there was indeed a Shore, he'd argue, which could save at least some of us from drowning and toward which it was our function to struggle- but for reasons unknowable to us He wanted desperately to prevent our reaching that happy place and fulfilling our destiny. Our 'Father,' in short, was our adversary and would-be killer! No less outrageous, and offensive to traditional opinion, were the fellow's speculations on the nature of our Maker: that He might well be no swimmer Himself at all, but some sort of monstrosity, perhaps even tailless; that He might be stupid, malicious, insensible, perverse, or asleep and dreaming; that the end for which He created and launched us forth, and which we flagellate ourselves to fathom, was perhaps immoral, even obscene. Et cetera, et cetera: there was no end to the chap's conjectures, or the impoliteness of his fancy; I have reason to suspect that his early demise, whether planned by 'our Maker' or not, was expedited by certain fellow-swimmers indignant at his blasphemies.

"In other moods, however (he was as given to moods as I), his theorizing would become half-serious, so it seemed to me, especially upon the subjects of Fate and Immortality, to which our
youthful conversations often turned. Then his harangues, if no less fantastical, grew solemn and obscure, and if he was still baiting us, his passion undid the joke. His objection to popular opinions of the hereafter, he would declare, was their claim to general validity. Why need believers hold that all the drowned rise to be judged at journey's end, and non-believers that drowning is final without exception? In his opinion (so he'd vow at least), nearly everyone's fate was permanent death; indeed he took a sour pleasure in supposing that every 'Maker' made thousands of separate seas in His creative lifetime, each populated like ours with millions of swimmers, and that in almost every instance both sea and swimmers were utterly annihilated, whether accidentally or by malevolent design. (Nothing if not pluralistical, he imagined there might be millions and billions of 'Fathers,' perhaps in some 'night-sea' of their own!) However-and here he turned infidels against him with the faithful- he professed to believe that in possibly a single night-sea per thousand, say, one of its quarter-billion swimmers (that is, one swimmer in two hundred fifty billions) achieved a qualified immortality. In some cases the rate might be slightly higher; in others it was vastly lower, for just as there are swimmers of every degree of proficiency, including some who drown before the journey starts, unable to swim at all, and others created drowned, as it were, so he imagined what can only be termed impotent Creators, Makers unable to Make, as well as uncommonly fertile ones and all grades between. And it pleased him to deny any necessary relation between a Maker's productivity and His other virtues- even, the quality of His creatures.

"I could go on (he surely did) with his elaboration of these mad notions- such as that swimmers in other night-seas needn't be of our kind; that Makers themselves might belong to different species, so to speak; that our particular Maker mightn't Himself be immortal, or that we might be not only His emmissaries but His 'immortality,' continuing His life and our own, transmogrified, beyond our individual deaths. Even this modified immortality (meaningless to me) he conceived as relative and contingent, subject to accident or deliberate termination: his pet hypothesis was that Makers and swimmers each generate the other- against all odds, their number being so great-and that any given 'immortality-chain' could terminate after any number of cycles, so that what was 'immortal' (still speaking relatively) was only the cyclic process of incarnation, which itself might have a beginning and an end. Alternatively he liked to imagine cycles within cycles, either finite or infinite: for example, the 'night-sea,' as it were, in which Makers 'swam' and created night-seas and swimmers like ourselves, might be the creation of a larger Maker, Himself one of many, Who in turn et cetera. Time itself he regarded as relative to our experience, like magnitude: who knew but what, with each thrash of our tails, minuscule seas and swimmers, whole eternities, came to pass- as ours, perhaps, and our Maker's Maker's, was elapsing between the strokes of some supertail, in a slower order of time?

"Naturally I hooted with the others at this nonsense. We were young then, and had only the dimmest notion of what lay ahead; in our ignorance we imagined night-sea journeying to be a positively heroic enterprise. Its meaning and value we never questioned; to be sure, some must go down by the way, a pity no doubt, but to win a race requires that others lose, and like all my
fellows I took for granted that I would be the winner. We milled and swarmed, impatient to be off, never mind where or why, only to try our youth against the realities of night and sea; if we indulged the skeptic at all, it was as a droll, half-contempible mascot. When he died in the initial slaughter, no one cared.

"And even now I don't subscribe to all his views - but I no longer scoff. The horror of our history has purged me of opinions, as of vanity, confidence, spirit, charity, hope, vitality, everything except dull dread and a kind of melancholy, stunned persistence. What leads me to recall his fancies is my growing suspicion that I, of all swimmers, may be the sole survivor of this fell journey, tale-bearer of a generation. This suspicion, together with the recent sea-change, suggests to me now that nothing is impossible, not even my late companion's wildest visions, and brings me to a certain desperate resolve, the point of my chronicling.

"Very likely I have lost my senses. The carnage at our setting out; our decimation by whirlpool, poisoned cataract, sea-convulsion; the panic stampedes, mutinies, slaughters, mass suicides; the mounting evidence that none will survive the journey - add to these anguish and fatigue; it were a miracle if sanity stayed afloat. Thus I admit, with the other possibilities, that the present sweetening and calming of the sea, and what seems to be a kind of vasty presence, song, or summons from the near upstream, may be hallucinations of disordered sensibility....

"Perhaps, even, I am drowned already. Surely I was never meant for the rough-and-tumble of the swim; not impossibly I perished at the outset and have only imaged the night-sea journey from some final deep. In any case, I'm no longer young, and it is we spent old swimmers, disabused of every illusion, who are most vulnerable to dreams.

"Sometimes I think I am my drowned friend.

"Out with it: I've begun to believe, not only that She exists, but that She lies not far ahead, and stills the sea, and draws me Herward! Aghast, I recollect his maddest notion: that our destination (which existed, mind, in but one night-sea out of hundreds and thousands) was no Shore, as commonly conceived, but a mysterious being, indescribable except by paradox and vaguest figure: wholly different from us swimmers, yet our complement; the death of us, yet our salvation and resurrection; simultaneously our journey's end, mid-point, and commencement; not membered and thrashing like us, but a motionless or hugely gliding sphere of unimaginable dimension; self-contained, yet dependent absolutely, in some wise, upon the chance (always monstrously improbable) that one of us will survive the night-sea journey and reach...Her! Her, he called it, or She, which is to say, Other-than-a-he. I shake my head; the thing is too preposterous; it is myself I talk to, to keep my reason in this awful darkness. There is no She! There is no You! I rave to myself; it's Death alone that hears and summons. To the drowned, all seas are calm....

"Listen: my friend maintained that in every order of creation there are two sorts of creators, contrary yet complementary, one of which gives rise to seas and swimmers, the other to the
Night—which-contains-the-sea and to What-waits-at-the-journey's-end: the former, in short, to
destiny, the latter to destination (and both profligately, involuntarily, perhaps indifferently or
unwittingly). The 'purpose' of the night-sea journey- but not necessarily of the journeyer or of
either Maker! -my friend could describe only in abstractions: consummation, transfiguration,
union of contraries, trancension of categories. When we laughed, he would shrug and admit that
he understood the business no better than we, and thought it ridiculous, dreary, possibly obscene.
'But one of you,' he'd add with his wry smile, 'may be the Hero destined to complete the night-
sea journey and be one with Her. Chances are, of course, you won't make it' He himself, he
declared, was not even going to try; the whole idea repelled him; if we chose to dismiss it as an
ugly fiction, so much the better for us; thrash, splash, and be merry, we were soon enough
drowned. But there it was, he could not say how he knew or why he bothered to tell us, any more
than he could say what would happen after She and Hero, Shore and Swimmer, 'merged
identities' to become something both and neither. He quite agreed with me that if the issue of that
magical union had no memory of the night-sea journey, for example, it enjoyed a poor sort of
immortality; even poorer if, as he rather imagined, a swimmer-hero plus a She equaled or
became merely another Maker of future night-seas and the rest, at such incredible expense of
life. This being the case- he was persuaded it was- the merciful thing to do was refuse to
participate; the genuine heroes, in his opinion, were the suicides, and the hero of heroes would be
the swimmer who, in the very presence of the Other, refused Her proffered 'immortality' and thus
put an end to at least one cycle of catastrophes.

"How we mocked him! Our moment came, we hurtled forth, pretending to glory in the
adventure, thrashing, singing, cursing, strangling, rationalizing, rescuing, killing, inventing rules
and stories and relationships, giving up, struggling on, but dying all, and still in darkness, until
only a battered remnant was left to croak 'Onward, upward,' like a bitter echo. Then they too fell
silent- victims, I can only presume, of the last frightful wave- and the moment came when I also,
utterly desolate and spent, thrashed my last and gave myself over to the current, to sink or float
as might be, but swim no more. Whereupon, marvelous to tell, in an instant the sea grew still!
Then warmly, gently, the great tide turned, began to bear me, as it does now, onward and upward
willy-nilly, like a flood of joy- and I recalled with dismay my dead friend's teaching.

"I am not deceived. This new emotion is Her doing; the desire that possesses me is Her
bewitchment. Lucidity passes from me; in a moment I'll cry 'Love!' bury myself in Her side, and
be 'transfigured.' Which is to say, I die already; this fellow transported by passion is not I; I am
he who abjures and rejects the night-sea journey! I....

"I am all love. 'Come!' She whispers, and I have no will.

"You who I may be about to become, whatever You are: with the last twitch of my real self I beg
You to listen. It is not love that sustains me! No; though Her magic makes me burn to sing the
contrary, and though I drown even now for the blasphemy, I will say truth. What has fetched me
across this dreadful sea is a single hope, gift of my poor dead comrade: that You may be
stronger-willed than I, and that by sheer force of concentration I may transmit to You, along with Your official Heritage, a private legacy of awful recollection and negative resolve. Mad as it may be, my dream is that some unimaginable embodiment of myself (or myself plus Her if that's how it must be) will come to find itself expressing, in however garbled or radical a translation, some reflection of these reflections. If against all odds this comes to pass, may You to whom, through whom I speak, do what I cannot: terminate this aimless, brutal business! Stop Your hearing against Her song! Hate love!

"Still alive, afloat, afire. Farewell then my penultimate hope: that one may be sunk for direst blasphemy on the very shore of the Shore. Can it be (my old friend would smile) that only utterest nay-sayers survive the night? But even that were Sense, and there is no sense, only senseless love, senseless death. Whoever echoes these reflections: be more courageous than their author! An end to night-sea journeys! Make no more! And forswear me when I shall forswear myself, deny myself, plunge into Her who summons, singing...

"Love! Love! Love!"